

# Nutrition Minor

This checklist is based on the current Academic Catalog and is subject to change. Students should meet with their academic advisor each semester and use Degree Works to monitor their individual progress toward completion of the minor.

## Curriculum Checklist

### REQUIRED COURSES

\_\_\_ NUTR 200: Introduction to Nutrition (3)

\_\_\_ NUTR 315: Life Cycle Nutrition (3)

### ELECTIVES: Choose 4 courses from the list below

\_\_\_ NUTR 205: Principles of Food Science (3)

\_\_\_ NUTR 220: Nutrition and Exercise (3)

\_\_\_ NUTR 300: Cultural Nutrition (3)

\_\_\_ NUTR 310: Nutritional Assessment and Medical Term (3)

\_\_\_ NUTR 320: Community Nutrition (3)

\_\_\_ NUTR 325: Nutrition counseling and Education (3)

\_\_\_ NUTR 330: Sports Nutrition (3)

\_\_\_ NUTR 335: Nutrition Organization Management (3)

\_\_\_ NUTR 350: Nutrition in Healthcare (3)

\_\_\_ NUTR 400: Medical Nutrition Therapy 1 (3)

\_\_\_ NUTR 405: Medical Nutrition Therapy 2 (3)

\_\_\_ NUTR 410: Quantity Food Production (3)

\_\_\_ NUTR 415: Advanced Nutrition (3)

\_\_\_ NUTR 420: Nutrition Research Seminar (3)

**Total Credits Required for the Minor (18 Credits)**

## Campus Locations

**Bloomsburg**     Online;  In-person;  Blended

**Lock Haven**     Online;  In-person;  Blended

**Mansfield**     Online,  In-person;  Blended