

Local Mental Health Resources

MU Counseling Center – X4436 144 South Hall M-F: 8-4:30

Concern Counseling – 570-662-7600

Laurel Behavioral Health Center – 570-723-0620

Northern Tier Counseling (Mansfield) - 570-662-7954

Norther Tier Counseling (Towanda) - 570-265-000

SAM Inc. - 570-724-5766

Wellspring Community Support – 570-662-2821

Crisis and Support Contacts

Crisis Text Line: Text “HOME” to 741-741

Trevor Lifeline (for LGBTQ Youth): 1-866-488-7386

Nat’l Suicide Prevention Lifeline: 1-800-273-TALK (8255)

Disaster Distress Hotline: 1-800-273-8255

Suicide & Crisis Lifeline: Text or Call “988”

Crisis Line: 877-724-714