



Housed in Columbia Residence Hall, Science and Health Science Living-Learning Community Room, first floor (room 119)

SPRING 2026 SEMESTER:

Graduate assistant Office Hours/ Learning Assistants for A&P 2 in ABLE/Faculty office cubicle. Come visit us! Bring your lecture guides, books, and materials with you! All of the LAs for A&P 2 can also help with A&P 1.

Monday:	9:00-11:00a 12:00-2:00p 2:00-4:00p 3:00-4:00p 3:00-5:00p 4:00-6:30p 5:00-7:00p 6:30-7:30p 7:00-9:00p 7:00-9:00p	Ms. Gretchen Rogers (LA for A&P 2) Ms. Maya Berger (POB 1) Ms. Ellie Harris (LA for A&P 2) Ms. Trinity Gruber (POB 1, POB 2) Ms. Theresa Kollar (LA for A&P 2) Ms. Lomie Falb (LA for A&P 2) Ms. Abby Shaheen (LA for A&P 2) Ms. Trinity Gruber (POB 1, POB 2) Ms. Grace McLaughlin (POB 1, POB 2) Ms. Alexa Deiter (LA for A&P 2)
Tuesday:	9:00-12:00p 11:30-2:00p 12:00-1:00p 2:00-4:00p 3:00-5:30p 8:00-9:00p	Ms. Madelyn Mannion (LA for A&P 2) Ms. Christina Walko (POB 1, POB 2, A&P 1, and A&P 2) Ms. Gretchen Rogers (LA for A&P 2) Ms. Trinity Gruber (POB 1, POB 2) Ms. Emily Nienhueser (POB 1, POB 2) Ms. Julia Holmes (LA for A&P 2)
Wednesday:	11:00-1:00p 12:00-1:00p 2:00-4:00p 2:30-3:30p 4:00-6:30p 6:30-8:30p 8:00-9:00p	Ms. Jamie Torbik (POB 1) Ms. Avery Cavanaugh (LA for A&P 2) Ms. Mia Yatwa (POB 1, POB 2, A&P 1, A&P 2) Ms. Alexa Deiter (LA for A&P 2) Ms. Lomie Falb (LA for A&P 2) Ms. Alexa Deiter (LA for A&P 2) Ms. Julia Holmes (LA for A&P 2)
Thursday:	12:00-2:00p 1:00-4:00p 1:00-4:00p 3:30-5:30p 4:00-7:00p 7:30-8:00p 8:00-9:00p	Ms. Avery Cavanaugh (LA for A&P 2) Ms. Celina Gubhaju (LA for A&P 2) Ms. Kimora James (LA for A&P 2) Ms. Grace McLaughlin (POB 1, POB 2) Ms. Emma Renn (LA for A&P 2) Ms. Madelyn Mannion (LA for A&P 2) Ms. Julia Holmes (LA for A&P 2)
Friday:	9:00-10:00a 9:00-1:00p 10:00-11:00a 12:00-1:00p 12:00-1:00p	Ms. Gretchen Rogers (LA for A&P 2) Mr. Henry Davies (POB 1, POB 2) Ms. Julia Holmes (LA for A&P 2) Ms. Madelyn Mannion (LA for A&P 2) Ms. Ellie Harris (LA for A&P 2)



What is ABLE?

ABLE, short for Academic Biology Learning Environment is a resource area in the Science and Health Science Living-Learning Community Room on the first floor in Columbia Residence Hall.

What is the purpose of ABLE? ABLE provides a place and resources for students in introductory biology courses to study individually and in groups together and with faculty.

What is available at ABLE?

Learning Resources: Bones and skeletons; biological models (hearts, kidneys, muscle, bones, brains, blood vessels, eyes, ears, etc); manipulatives for studying complex processes (protein synthesis, inheritance, cell division, etc.); charts and posters; computer software; and more!

Microscopes and slides from lab courses

Books and workbooks

Faculty: Faculty members of the Department of Biological and Allied Health Sciences will hold office hours at ABLE. See front page.

Tutoring: Will be provided by Graduate Assistants from the Department of Biological and Allied Health Sciences and members of the Tri Beta Honor Society

Computers: Two computers with anatomy and histology software are available. You can also use these computers to complete assignments on Mastering Biology, Mastering A&P, etc.

When is ABLE open? ABLE is open 9:00 a.m. to 9:00 p.m. on Monday through Thursday and 9:00am-3:00pm Friday.

Who Has Access to ABLE? ALL students enrolled in Principles in Biology I, Principles in Biology II, Anatomy & Physiology I and II. If enrolled in one of these courses you have ID card access to Columbia Hall and the ABLE center. If you have issues accessing the center please contact Dr. Hess at ahess2@commonwealthu.edu **YOU DO NOT NEED TO LIVE IN COLUMBIA OR ON CAMPUS TO USE ABLE. PLEASE SIGN-IN WHEN USING ABLE RESOURCES.**

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