

Health Science: Public Health Education

Bachelor of Science (BS)

This degree map is based on the 2023-24 Academic Catalog and is subject to change. Students should meet with their academic advisor each semester and use Degree Works to monitor their individual progress toward degree completion. The time it takes to earn a degree will vary based on several factors including summer/winter enrollment, dual enrollment and number of courses successfully completed each semester. We recommend taking a minimum of 15 credits each fall and spring semester.

Sample 4-Year Plan

First Year

Fall Courses	Credits	Spring Courses	Credits
EXER161 Introduction to Health & Exercise Science	3	HLSC108/BIOL108 Medical Terminology for Health Professions	3
HLSC122 Essentials of Anatomy & Physiology	3	HLSC140 Introduction to Public Health	3
HLSC105 Personal Health and Decision-making	3	STAT141 Statistics	3
General Education	3	PSYC100 Introduction to Psychology	3
First Year Student Seminar	3	General Education	3
Semester Total	15	Semester Total	15

Second Year

Fall Courses	Credits	Spring Courses	Credits
HLSC211 Public Health, Social Justice, & Advocacy	3	HLSC212 Introduction to Global Health Promotion	3
HLSC204 Foundations of Public Health Education	3	HLSC335 Community-level Health Methods & Strategies	3
NUTR200 Introduction to Nutrition	3	General Education	6
General Education	3	Elective	3
Elective	3		
Semester Total	15	Semester Total	15

Third Year

Fall Courses	Credits	Spring Courses	Credits
HLSC340 Epidemiology	3	HLSC402 Evaluating Health Education and Promotion Programs	3
HLSC350 Planning Health Promotion Programs	3	HLSC307 Cultural Aspects of Health	3
HLSC336 Health Literacy and Patient Education	3	General Education	6
General Education	3	Elective	3
Elective	3		
Semester Total	15	Semester Total	15

Fourth Year

Fall Courses	Credits	Spring Courses	Credits
EXER380 Research Methods or NUTR420 Nutrition Research Seminar	3	HLSC498 Professional Field Experience	3
General Education	3	General Education	6
Elective	9	Elective	6
Semester Total	15	Semester Total	15

Winter/Summer College - Optional

While not required, Winter and Summer sessions are offered each year and may help you stay on track or get ahead. You may take up to seven (7) credits during Winter College and up to 14 credits during Summer College.

Curriculum Checklist

Directed General Education (9 credits)

- ___ STAT141 Statistics (3)
- ___ PSYC100 Intro to Psychology (3)
- ___ HLTH122 Essentials of A & P (3) OR BIOL101 Human Biology (3) OR HLSC115 A & P 1 (4)

Major Area & Cognate Courses (60 credits)

A. Health Science (9 Credits)

- ___ EXER161 Intro to Health & Exercise Science (3)
- ___ NUTR200 Intro to Nutrition (3)
- ___ HLSC108 Medical Terminology (3)

B. Public Health (51 credits)

Required (39 Credits)

- ___ HLSC105 Intro to Personal Health & Decision Making (3)
- ___ HLSC140 Intro to Public Health (3)
- ___ HLTH204 Foundations of School and Community Health (3)
- ___ HLSC211 Public Health, Social Justice, & Advocacy (3)
- ___ HLSC212 Global Health Promotion (3)
- ___ HLSC307 Cultural Aspects of Health (3)
- ___ HLSC335 Community Health Level Methods & Strategies (3)
- ___ HLSC336 Patient Education & Health Literacy (3)
- ___ HLSC340 Epidemiology (3)
- ___ HLSC350 Planning Health Promotion Programs Name (3)
- ___ HLSC402 Evaluating Health Education & Promotion Programs (3)
- ___ HLSC498 Professional Field Experience in Health Science (3)
- ___ EXER380 Research Methods in Health Sciences OR NUTR420 Nutrition Research Seminar (3)

Major Electives (12 credits)

Select from the following courses

- ___ HLSC120 Anatomy & Physiology 2 (4)
- ___ HLSC200 Intro to Disease (3)
- ___ HLSC208 Stress Management & Life Skills for Health Promotion (3)
- ___ HLSC218 Public Health & the Environment (3)
- ___ HLSC332 Psychological Considerations of Injury and Illness for Healthcare Providers (3)
- ___ HLSC401 Current Health Issues (3)
- ___ HLSC407 Sex Education for Health Sciences (3)
- ___ HLSC415 Pharmacology (3)
- ___ HLSC465 Rural Health Issues (3)
- ___ HLSC490 Special Topics (3)
- ___ HLSC493 Independent Study (3)
- ___ HLSC498 Professional Field Experience in Health Science (3 - 6)
- ___ NUTR300 Cultural Nutrition (3)
- ___ NUTR320 Community Nutrition (3)
- ___ NUTR325 Nutrition Counseling and Education (3)
- ___ NUTR350 Nutrition in Healthcare (3)
- ___ HLTH330 School Health Programs (3)
- ___ EXER351 Biomechanics (3)
- ___ EXER378 Exercise Physiology (3)
- ___ PSYC355 Health Psychology (3)
- ___ PSYC376 Behavior Modification (3)
- ___ POLI330 Intro to Public Administration (3)
- ___ POLI266 Politics of Global Health (3)
- ___ POLI431 Public Policy (3)
- ___ EGGS160 Digital Earth (3)
- ___ EGGS242 Mapping and GIS Fundamentals (3)
- ___ SOC405 Medical Sociology (3)
- ___ COMM315 Health Communication (3)
- ___ BIOL200 Cancer Awareness (3)
- ___ PHIL205 Medical Ethics (3)
- ___ MNGT234 Grant Writing and Partnership Building (3)
- ___ CHEM105 How Drugs Work (3)
- ___ ENGL373 Writing for the Web (3)

General Education Requirements

(45 credits)

Note: Some requirements may be fulfilled by coursework in your major program including directed Gen Ed courses noted below

- Foundations (15 credits)
 - STAT141 Statistics
- Interconnections (9 credits)
- Citizenship & Responsibility (6 credits from at least two goals)
- Natural World & Technologies (9 credits)
 - PSYC100 Intro to Psychology
 - HLTH122 Essentials of A & P OR BIOL101 Human Biology OR HLSC115 A & P 1
- Creativity & Expression (6 credits)

Degree Requirements

All students must obtain a minimum of 120 credits, complete all General Education requirements, and all requirements for the selected major. Meet with your advisor and consult Degree Works to monitor your progress and for all graduation requirements.

A minimum GPA of 2.0 in the major and overall are required.

Campus Locations

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|-------------------|------------------------------------------------------------------------------------------------------------------|
| Bloomsburg | <input type="checkbox"/> Online; <input type="checkbox"/> In-person; <input checked="" type="checkbox"/> Blended |
| Lock Haven | <input type="checkbox"/> Online; <input type="checkbox"/> In-person; <input checked="" type="checkbox"/> Blended |
| Mansfield | <input type="checkbox"/> Online; <input type="checkbox"/> In-person; <input checked="" type="checkbox"/> Blended |
| Clearfield | <input type="checkbox"/> Online; <input type="checkbox"/> In-person; <input checked="" type="checkbox"/> Blended |