

Health Science: Applied Health Studies

Bachelor of Science (BS)

This degree map is based on the current Academic Catalog and is subject to change. Please note that the degree map is designed to give you a sense of roughly how courses might be distributed over a 4-year degree. Your exact schedule will differ depending on a range of factors though we recommend taking a minimum of 15 credits each fall and spring semester. Regular consultation with your academic advisor is the best way to make sure that you are taking the courses you need in the right order to ensure efficient progress through your degree program.

The Bachelor of Science in Health Science – Applied Health Studies concentration is a degree-completion program for individuals who are certified, licensed, or registered as a healthcare professional. Students enter the program with an associate's degree and a healthcare credential and then build upon their existing knowledge and skills to earn a bachelor's degree.

Sample 2-Year Plan

| First Year | | | |
|--|---------|--|---------|
| Fall Courses | Credits | Spring Courses | Credits |
| BIOL180/HLSC115 Human Anatomy & Physiology 1 | 4 | BIOL181/HLSC120 Human Anatomy & Physiology 2 | 4 |
| HLSC108/BIOL108 Medical Terminology for Health Professions | 3 | HLSC105 Personal Health and Decision Making | 3 |
| Minor, certificate or concentration courses | 3 | Minor, certificate or concentration courses | 3 |
| Elective | 3 | Elective | 3 |
| | | | |
| Semester Total | 13 | Semester Total | 13 |

| Second Year | | | |
|---|---------|---|---------|
| Fall Courses | Credits | Spring Courses | Credits |
| HLSC200 Introduction to Disease | 3 | HLSC498 Field Experience | 3 |
| Minor, certificate or concentration courses | 6 | Minor, certificate or concentration courses | 6 |
| Elective | 6 | Elective | 6 |
| | | | |
| | | | |
| Semester Total | 15 | Semester Total | 15 |

Winter/Summer College - Optional

While not required, Winter and Summer sessions are offered each year and may help you stay on track or get ahead. You may take up to seven (7) credits during Winter College and up to 14 credits during Summer College.

Curriculum Checklist

General Education

Met by the student's associate degree

Required Courses (20 credits)

- ___ BIOL180/HLSC115 Human Anatomy and Physiology 1 (4)
- ___ BIOL181/HLSC115 Human Anatomy and Physiology 1 (4)
- ___ HLSC108/BIOL108 Medical Terminology for Health Professions (3)
- ___ HLSC105 Personal Health and Decision Making (3)
- ___ HLSC200 Introduction to Disease (3)*
- ___ HLSC498 Field Experience (3)*

Minor, certificate or concentration coursework (18 credits)

- ___ Minor, certificate or concentration coursework (18)

Students will select a minor, academic certificate or concentration of courses that aligns with their academic goals.

Major Electives (18* credits)

- ___ EXER, HLSC, HLTH and/or NUTR courses (18*)

*Total Healthcare Professions credits from the associate degree and selection of a minor, academic certificate or concentration will determine the total number of elective credits required.

- ___ HLSC110 Orientation to Athletic Training (1)
- ___ HLSC140 Introduction to Public Health (3)
- ___ HLSC208 Stress Management and Life Skills for Health Promotion (3)
- ___ HLSC211 Public Health, Social Justice, and Advocacy (3)
- ___ HLSC212 Introduction to Public Health Promotion (3)
- ___ HLSC218 Public Health and the Environment (3)
- ___ HLSC307 Cultural Aspects of Health (3)*
- ___ HLSC335 Community-level Health Methods and Strategies (3)*
- ___ HLSC336 Health Literacy and Patient Education (3)*
- ___ HLSC340 Epidemiology (3)*
- ___ HLSC350 Planning Health Promotion Programs (3)*
- ___ HLSC401 Current Health Issues (3)*
- ___ HLSC402 Evaluating Health Education and Promotion Programs (3)*
- ___ HLSC407 Advanced Human Physiology (4)*
- ___ HLSC451 Advanced Human Anatomy (3)*
- ___ HLSC452 Advanced Human Anatomy Lab (1)*
- ___ HLSC470 Sex Education for Health Sciences (3)*
- ___ NUTR310 Nutrition Assessment and Medical Terminology*
- ___ NUTR315 Nutrition Counseling and Education*
- ___ NUTR350 Nutrition in Healthcare*
- ___ PHIL415 Ethical Issues in Healthcare*

General Education Requirements

General Education Requirements are met by the associate degree.

Degree Requirements

All students must obtain a minimum of 120 credits (A minimum of 42 credits must be advanced course work), and all requirements for the selected major. Total Healthcare Professions credits from the associate degree and selection of a minor, academic certificate or concentration will determine the total number of elective credits required. General Education requirements are met by the prior earned associate degree. Meet with your advisor and consult Degree Works to monitor your progress and for all graduation requirements.

A minimum GPA of 2.0 in the major and overall are required.

*Denotes advanced coursework

Students must take a minimum of 42 credits of advanced coursework. Advanced coursework can be met in major courses, minor courses, free elective courses, and general education courses. Courses that meet this requirement are designated in Banner.